

In addition, please remember...

Respect to Self and Others

Absolutely NO:

- ♦ Fighting, harassment, or dangerous play
- ♦ Bringing weapons, including toy weapons, to school
- ♦ Inappropriate language

Respect for Property

Creating an environment...

- ♦ Free from vandalism, littering, and theft
- ♦ That includes only supplies and materials for learning. All electronic devices, including cell phones, should be left at home.

Respect for Authority

- ♦ Respect to all adults

Information is available on the Discovery Website.

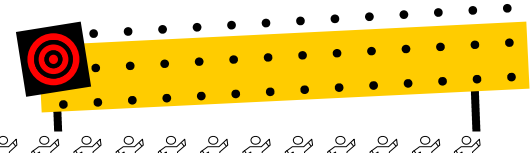


I, _____,
of Discovery Elementary believe
that everyone should feel safe
and welcome at school. I will do
my best to treat others with
respect, help my classmates feel
welcome, and handle conflicts
with empathy and a positive
attitude. I am a fabulous
Discovery Eagle!

Student Signature

I have read and discussed these
rules with my child.

Parent/Guardian Signature



Discovery
Elementary
School

A Bully-free
Environment!

I am a Discovery Eagle
I have greatness inside
of me
I will use my greatness
To make good choices
To be the best me
That I can be!

**At Discovery Elementary,
we help students...**

1. Distinguish between normal peer conflicts and bullying.
2. Define the three roles in a bullying situation: bully, target, bystander.
3. Learn strategies for dealing with bullying.
4. Develop an overall awareness of bullying

Bullying is...

- ⇒ Intentional "harm doing", including physical harm, threats, intimidation, and exclusion.
- ⇒ Carried out repeatedly over time.
- ⇒ Occurs between relationships that have an imbalance of power or are one-sided.

Bullying is NOT...

- ⇒ It's NOT an occasional fight or teasing with a friend.
- ⇒ It's NOT accidental; the behaviors are meant to hurt others.
- ⇒ It's NOT the target's fault!

If I am targeted...

1. **RECOGNIZE** the behavior as bullying and label the behavior, "That's bullying."
2. **REFUSE** to be part of the situation. Tell the person to stop, and walk away.
3. **REPORT** the incident to an adult immediately if the behavior continues or if you feel unsafe.

If I see mean behavior...

1. Speak up and label the behavior, "That's bullying, and it's mean."
2. Don't watch or join in. Help the people involved leave the area.
3. Report reoccurring behaviors to an adult.

If I use bullying behaviors...

1. Tell yourself that you can express your feelings without being mean.
2. Ask for help if you can't understand why you act mean.
3. Walk away from bullying situations.

The Consequences of Misconduct

- *Discipline will range, depending on the situation, from a warning/loss of recess to expulsion.

